



FOR IMMEDIATE RELEASE

**2026 DAY OF PRAYER FOR THE HEALTH AND WELLNESS OF
CLERGY AND MEN AND WOMEN RELIGIOUS**

August 14, 2026

DOWNINGTOWN, Pa. – The fourth annual Day of Prayer for the Health and Wellness of Clergy and Men and Women Religious will take place on **Friday, October 16, 2026**. This annual event offers a sacred space of prayer and reflection for those who have dedicated their lives to God and the service of others, while encouraging renewal of mind, body, and spirit. It is also an opportunity for the faithful to offer their support and encouragement for the well-being of clergy and religious, and to grow in understanding of the unique challenges they face in their vocations. This Day of Prayer offers a moment of stillness to remember that our Church Ministers are loved and appreciated by the faithful and, most importantly, our God.

This year's Day of Prayer schedule includes:

- **9:00 a.m.** – Morning Prayer, Adoration and Benediction (Led by Father David Brzoska, MDiv., MA SS)
- **9:30 a.m.** – Keynote Address: Most Reverend Shawn McKnight
- **9:45 a.m.** – Panel Discussion: “Vocational Wellness: Clergy and Religious on Practices and Perspectives for a Healthy, Flourishing Life” (Moderated by Erik Ranstrom, Ph.D.)
- **10:15 a.m.** – Taizé Prayer Service (Led by SJVC's Spiritual Care Team)
- **10:45 a.m.** – Welcome Video: Learn more about our mission from Staff, Board Members, and Friends.
- **11:00 a.m.** – Holy Sacrifice of the Mass (Celebrant: Reverend David Brzoska, M.Div., MA.SS., Homilist: Deacon Tim Lynch, MS)

All events will be live-streamed on SJVC's website and social media channels. (All times are Eastern Daylight Time.) To learn more and to download the Day of Prayer media kit, visit: www.sjvcenter.org/dayofprayer.

As part of this year's observance, SJVC is once again offering **Mass Intention cards** to honor individual members of the clergy and religious life. Each honored individual will receive a personalized card, and their names will be placed at the altar during the Day of Prayer Mass.

All are encouraged to participate by watching the livestream, offering prayers during daily devotions or Mass, and sharing their support on social media using the hashtag **#SJVCdayofprayer**. Ministries and individuals can also display the **Day of Prayer logo** and link to the official landing page to help spread awareness.

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About Saint John Vianney Center

Saint John Vianney Center is a licensed and accredited residential behavioral health and addictions treatment and resource center serving clergy and men and women religious worldwide. The exemplary facility, staff, and resources distinguish SJVC as the premier center fully equipped to help ministers of the Church get and stay healthy in mind, body, and spirit.

