



*Saint John
Vianney Center*

ANNUAL REPORT 2023





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Saint John Vianney Center welcomes priests who are at crucial, if not crisis, moments in their lives. The approach is holistic. The staff has an exceptional ability to examine both the matter that brought the priest to the Center and the underlying issues. The professional and caring approach of the staff truly changes lives. I have seen firsthand the powerful effect this has on those I have referred to the Center. Priests have told me that SJVC “helped me to rebuild my life.” I thank God for all the good work that the Center offers.

”

— Most Reverend Thomas J. Rodi, Archbishop of Mobile

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David Shellenberger, RN, BSN
President and Chief Executive
Officer

It is with great joy that we present Saint John Vianney Center's 2023 Annual Report.

This year has been one of significant progress and meaningful impact as we continue our unwavering commitment to supporting Clergy and Men and Women Religious worldwide.

Our mission is more crucial than ever, and it is driven by our dedicated and diverse team of professionals committed to providing a nurturing and safe environment. This atmosphere of healing and renewal allows our residents to return to ministry renewed in mind, body, and spirit. Our ministry outside of the Center is growing through outreach and prevention programs, in addition to vocational assessments, psychotherapy, and spiritual direction. In this report, we celebrate our successes and acknowledge the growing necessity for SJVC's care and services.

We are very grateful to everyone listed in this report who made a gift in support of our ministry. Your gifts will transform the lives of our Church Ministers who come to SJVC seeking the healing presence of Christ. Our first year in Advancement was filled with pleasant surprises, new challenges, and opportunities. It left us with a great sense of prayerful optimism for the journey ahead.

As we look to the future, I invite you to join us in this next chapter of service and support for these dedicated men and women. Together, we can continue to make a significant difference in the lives of those who serve our Church.

May God bless you for your generosity and commitment to our mission.

Dear Friends,

Reflecting on this past year at Saint John Vianney Center, I am filled with a profound sense of gratitude. It has been a year filled with significant growth and achievement, a testament to the dedication and hard work of our staff, the directors, and the financial support from our donors, new and returning.

As we look to the future, we are motivated by the challenges and opportunities that lie ahead. Our vision is to continue growing and expanding our services, reaching more men and women who can benefit from our holistic approach to wellness in mind, body and spirit.

I extend my heartfelt thanks to our staff, volunteers, donors, and fellow board members, for their continued commitment and generosity. Your commitment to Saint John Vianney Center is not just an investment in our organization but in the well-being and vitality of our Clergy and Men and Women Religious.

Together, we are making a difference in the lives of those who dedicate themselves to serving others in the spirit of the Gospels. Let us continue this vital work with hope and compassion, guided by the enduring spirit of our patron, Saint John Vianney.

Sincerely,



Albert R. Riviezzo, Esquire
Board Chair

Board of Directors



Sr. Elizabeth Monica Acri, IHM, Psy.D.
Professor, Department of Psychology
and Counseling
Immaculata University



Monsignor Roberto Garza
President/General Director
PAX Catholic Communications



Jennifer A. Madere, MA, LPC-S
Owner and Founder
Intuitus Group



Paul M. Versaggi, CPA
Controller
Paradise Management, LLC



Deacon Steven A. DeMartino
Former Director of Priest Wellness
Archdiocese of New York



Jennifer A. Gniady, Esq.
Partner and Co-Chair, Nonprofit & Religious
Organizations, Stradley, Ronon, Stevens, & Young, LLP



Patrick W. McGrory, MSFS, CFP®, CRPC®
CEO & Private Wealth Advisor
Liberty Point Advisors



Bishop Timothy E. Freyer, D.D.
Auxiliary Bishop
Diocese of Orange, California



Sr. M. Carroll Isselmann, IHM
Director of Strategic Initiatives
Immaculata University



Albert R. Riviezzo, Esquire
Attorney-at-Law Partner
Fox Rothschild LLP



Donald F. Friel
Executive Vice President
Redeemer Health



Sr. Kathleen Marie Keenan, RSM
Institute Minister
Sisters of Mercy of the Americas



Carlo J. Silvesti, CPA, MBA, CGMA
Retired Associate Professor of Accounting
Gwynedd Mercy University



Our History

Founded in
1946

Saint John Vianney Center (SJVC) was founded on the grounds of the former 175-acre McIlvaine Estate in Downingtown, Pennsylvania in 1946.

The Center is the longest running, internationally renowned and premier behavioral health facility in North America for Clergy and Religious. It provides professional programs and services, spiritual experiences, and 24/7 nursing supervision to assist Clergy and Religious in living a healthy lifestyle in mind, body, and spirit.

1974

Individual psychotherapy was initiated

1989

Accreditation from the Joint Commission was awarded

1990's

Move from medical model to a residential milieu

2009

Consultation, Education, and Outreach Department was created

2012

Co-Occurring Disorder (COD) program was created

2020

SJVC was purchased from the Archdiocese of Philadelphia

2021

SJVC celebrated 75th Year of serving the Church

2023

Inaugural Saint John Vianney Center Day of Prayer



A Walk Down Memory Lane with Ronald J. Karney, Ph.D.

"In January 1988, Saint John Vianney Center looked very different than it does today," explains Ronald J. Karney, Ph.D., who joined the Center in 1988 and served as the Director of Psychological and Clinical Services for 13 years. The now famous "Red Door" was not the main entrance back then, and there was

no receptionist to grant admission to the building. In fact, there were minimal support staff, and very few administrators. Staffing was primarily clinicians and nurses. The Outpatient Program was developed as part of the overall services provided. Space was tight and there was a waiting list for inpatient services. "In fact," Dr. Karney mused, "one psychologist returned from vacation to find his office was turned into a resident's room!"

In the early days, when the Center was called Villa Saint John, the men were housed in the South Wing in single rooms with individual bathrooms. Religious Sisters were housed in the North Wing in single rooms and communal bathrooms. Necessity drove change, and by 1998, the wings were remodeled, modernized, and reassigned by program, allowing a better clinical environment for the residents and clinicians. Non-clinical spaces were renovated to make the best use

of space. Today, all of our residents' rooms are equipped with their own bathroom.

Dr. Karney took over Outpatient Services in 2009. He put great emphasis on assessments and fostered admission evaluations for applicants to the Seminary, Religious Life, and the Permanent Diaconate.

The COVID-19 pandemic changed the approach to Outpatient Services. Most services during that time had to be rendered through Telehealth, which suited many Outpatient clients. Offering Telehealth services also expanded the reach of Outpatient Services as therapy sessions could be scheduled for clients in most states.

"One thing that hasn't changed is the focus on the Mission," Dr. Karney said. Providing the best care for the clients and residents has always been at the

heart of all decisions, both clinical and non-clinical. "The staff always understood the importance of serving the residents. The health of these men and women is critical to a healthy Church." After an interview they'd ask, "Is this applicant a Villa person?" to determine if the applicant would be a good fit for the position and, more importantly, the mission. Over the years the quality of care has remained a major focus. "The synergy among clinicians and staff, the Board of Directors, and David Shellenberger, along with the necessary resources, allows the Center to have a quick reaction to the changing needs of our residents and outpatients."

In 2019, Dr. Karney stepped down as the Director of Outpatient Services but still consults to provide assessment and therapy services. "I am grateful for the opportunity to serve." In 2023, Dr. Karney celebrated 35 years of service to SJVC.





Reflections on My SJVC Experience

From a Former Resident

I keep asking myself, “What made Saint John Vianney Center (SJVC) work for me?” What was different about them compared to similar residential treatment facilities for religious that I have been to that didn’t work?

SJVC knows what they’re doing. They’ve been doing it for over 75 years!

SJVC doesn’t just treat the dominant admitting issue but all areas of your life—psychological, spiritual, physical, and emotional. They offer many helpful therapies, such as physical therapy, nutrition, fitness/wellness, and art and music therapies.

The staff not only listen to you, but they also validate and affirm what you say without judgment. They genuinely care about you as a person. You are not just a “client” to be treated and discharged, they will do anything for you. I feel, even now, that they are always there for me. They are only a phone call away. I know they will help me. That is so reassuring to me. I’m not alone anymore.

It’s not just a “static” delivery of services. They are open to new ways of treatments and interventions. I was eight months in residential treatment at SJVC. After discharge, my primary therapist offered to continue with outpatient virtual therapy sessions, which lasted over two years. During that time, she received certification in a specific treatment modality, which ultimately was what helped me the most in my healing.

My treatment team always seemed to be on the “same page” as far as my therapy journey, and I felt like I was a part of that team, too, because they listened to me and didn’t force things on me.

After discharge, I was informed of a new program started at SJVC, where you could

go there for a week for a “Wellness Check,” which meant you would meet with your team and different staff so that they could assess how you were doing. Upon return to my convent, they scheduled a virtual session with my Contact Person and me to discuss their observations and professional recommendations. That was very helpful, not only to me but to my Contact Person.

What meant the most to me was that I could attend Mass daily. Confession was also available at scheduled times. The Chapel was open 24/7, and the Chaplain was readily available. Jesus is the Healer, so I could go to Him anytime to get my heart fixed.

Truly, this was the journey of a lifetime for me at SJVC. Honestly, it saved my life. When I came to SJVC, all I wanted to do was die. I knew I needed help. I asked for help in many ways all my life, but no one listened. At SJVC, I felt safe, and I knew this was the “golden” moment the Lord had provided for me to heal finally, to find joy again, and to live. You can’t put a price on life. It is sacred. It is precious.

Finally, I have embraced not only life but myself. I could not have done that without SJVC. Miracles happen at SJVC, and I’m proof of that!



Our Services

Saint John Vianney Center is a licensed and accredited residential behavioral health and addictions treatment center serving Clergy and Consecrated Men and Women Religious since 1946. Our exemplary facility, staff, and resources distinguish us as the premier center fully equipped to heal ministers of the Church in mind, body, and spirit.

Our residential treatment services provide the highest quality patient-centered care using a holistic approach in a warm, welcoming environment. Our interdisciplinary staff is sensitive to the needs and familiar with the issues that Clergy and Religious face in their ministries. We treat emotional and behavioral health issues, addictions and compulsive behaviors, and weight management and wellness struggles in a safe, structured, and supervised environment with the support and healing that comes from a community setting. Our clients find that all of these offerings are what help them successfully navigate their pathways to true wellness.



Our interdisciplinary treatment team includes:

- 24-Hour Nursing Care
- Internal Medicine Physicians
- Psychiatrists
- Psychologists
- Spiritual Care Advisors
- Continuing Care Coordinators
- Dietitian
- Physical Therapist – Certified Personal Trainer
- Occupational Therapist
- Activities Care Coordinator
- Chaplain

Our Health Education Services

Education and Wellness Workshops

Saint John Vianney Center provides education and wellness workshops for Clergy and Religious worldwide. Our workshops integrate psychology, medicine, theology, and spirituality. Our programs provide healthy options to prevent pitfalls offering practical methods to get and stay healthy in mind, body, and spirit.

Support for Arch/Diocesan and Men and Women Religious Leadership

Saint John Vianney Center provides support groups for diocesan and religious leadership to discuss best practices and resources available to fully care for their men and women. In these sessions, a myriad of issues that may arise in ministry are discussed, as well as the importance of a leader's own self-care and fostering the support among fellow leaders.

Newly Ordained Priest Program

The Newly Ordained Priest Program is for priests within five years of ordination. Focusing on the first years after ordination is critical for the formation of priestly identity and equips the priest with the knowledge and skills to navigate toward a mature, healthy, and vibrant priesthood.

The Consultation, Education, and Outreach Department (CEO) at Saint John Vianney Center completed a robust year of providing a wide breadth of education and wellness programs for dioceses and religious communities and their leadership. This past year, CEO hosted leadership conferences with over 1,200 attendees, and educational workshops for dioceses and religious communities with over 1,500 attendees. Through persistent marketing and outreach efforts, we continue to spread the word about the services of CEO, increasing the demand even more for educational programs across the country and abroad. New programs are being planned to meet the evolving needs of the Church.



SJVC Commissions a Study of the Health and Wellness of Priests

Saint John Vianney Center (SJVC) proudly partnered with the Center for Applied Research in the Apostolate (CARA) at Georgetown University for a study on the health and wellness of diocesan priests. The study aimed to understand the physical and mental health of priests by examining the use of medical insurance by Catholic priests in U.S. dioceses in 2021. SJVC invited all 192 Dioceses and Eparchies in the United States to take part in the study. Seventy-nine (41%) chose to participate. The study was conducted from November 2022 to February 2023.

Our Findings

The study examined all aspects of physical and mental healthcare utilized by the respondents, with a focus on self-care and behavioral health. The results showed that:

42%

of priests surveyed receive an annual physical, indicating an overall lack of attention to their health. This presents an opportunity for growth to forewarn and address potential health concerns.

85%

of priests are over 40 years of age, which means that many of their conditions are age-related and/or due to a prolonged lack of self-care.

2%

of the respondents accessed drug or alcohol addiction resources, while 16% of the U.S. population had a substance abuse disorder in 2021. This suggests a potentially large segment of untreated priests.

9%

of respondents accessed mental health resources, while one-in-five adults in the U.S. live with a mental illness. This indicates a reluctance to seek much needed help.

The results underscore the need for preventative and interventional measures such as ongoing mental, physical, and spiritual support and education, which can be provided by SJVC. "The study has serious implications for the health and wellness of our priests. We are witnessing the strain on priests in all age groups," stated David Shellenberger, President and CEO of SJVC. "Many younger priests are given a tremendous amount of responsibility within the first few years of their priesthood, causing enormous strain. Our middle-aged and older priests can experience consequences that are even more severe due to a lack of physical activity and self-care. SJVC remains committed to providing education and wellness programming for Clergy and Religious; offering practical methods to get and stay healthy in mind, body, and spirit." Participating U.S. Dioceses and Eparchies were offered a private consultation to discuss the results.

Thanks to our donors to the 2022-23 Annual Fund, who made this study possible.



Karen Coté, IHM, Psy.D. Service is Her Mission

Growing up in Maine with 3,400 miles of tidal coastline, Sr. Karen loved the water. She joined the Navy right out of high school. Stationed in Pensacola, Florida, her job as an E5 2nd Class Petty Officer engineman on a tugboat would help the USS Lexington Essex Class aircraft carrier get in and out of port. After leaving active duty, she remained in the Navy Reserves while working for International Harvester servicing tractor trailers, and eventually became the first female Assistant Service Manager at IH.

While Sr. Karen achieved much in her young life, something was still missing. Her younger sister had already joined Religious life, so she began investigating different Religious communities. After joining her sister in Religious life, she was missioned in New Mexico as Director of a residential treatment facility for Native American youth. She loved experiencing different cultures, but she realized people needed more help than she was able to provide. She decided to enroll in a doctorate program at Immaculata University so she could reach a larger population of those in need.

Now a Doctor of Clinical Psychology, Sr. Karen loves ministering at Saint John Vianney Center. She joined SJVC in 2013 as the Director of Social Services and worked in Pastoral Services for a time. She moved to Outpatient Services under Dr. Ron Karney and assumed the role of Director of Outpatient Services when Dr. Karney retired in 2019. "Here, among other Religious and Clergy, this is the ministry I longed for."

Sr. Karen and the Outpatient Services team served over 200 clients in the last fiscal year through Assessments, Outpatient Therapy, and Spiritual Direction. Her vision is to expand programming to provide online support groups, such as an alcohol recovery support group, or groups for Women Religious, Men Religious, and Clergy to discuss the unique challenges of living in a community. "There can be personality issues that arise when living in community. Wouldn't it be great to have the support of others who know what you are going through?"



Bishop Timothy Freyer

A Journey of Service and Healing in Southern California and Beyond

The journey of Most Reverend Timothy E. Freyer began at his birthplace in Los Angeles and continues today in his role as Auxiliary Bishop for the Diocese of Orange in Garden Grove, California. Though the physical distance is not great, the path he has taken has been one of service and healing. Bishop Freyer was appointed Episcopal Vicar for Priests for the Diocese in 2012. He first encountered the services of Saint John Vianney Center while attending a Vicar for Clergy Conference at Mundelein Seminary. He recalls the warm, welcoming spirit that he encountered and the readiness to offer assistance. “They were excellent. They told us that if we have questions, call us any time. If you’re not sure what to do, just reach out to us, and so I would just call sometimes and ask their advice and they were always helpful.”

Bishop Freyer recalled that communication was always clear when the Diocese needed to utilize SJVC’s residential treatment services. “Saint John Vianney Center looks at the whole person; their physical, spiritual, and emotional health. The healing that takes place there is amazing. One time, I remember that we had a priest who did not want to be there. I spoke with him every few days to check in, and he would remind me that he did not want to be there. But over time, he broke down his walls and got the help he needed. I could see from the meetings that I attended that the treatment team truly cared for his wellbeing, and it produced results.”

After joining SJVC’s Board in 2021, Bishop Freyer took a seat on the Finance Committee. “One of the things that was a positive experience was seeing the success of the Center,” he said. “But I am really pleased to see how much emphasis, and amount of resources are spent on preventative measures.” The Bishop commented on the number of workshops offered through the Consultation, Education, and Outreach Department, “to ensure that priests are healthy and not just waiting to have an issue that requires treatment.” Bishop Freyer said, “That would be a terrible business model, instead the Center works

for the day when our residential treatment services are not required. Isn’t that what the Lord asks us to do? To reach out and support priests and religious, and to do so in a way that would help them to heal before it gets to the level where more intensive care is needed. We want to be a resource to the Church.”

The Bishop commented on what a blessing it is to serve on the Board. “The members are bright, dedicated people with a love for the Church that is inspiring to me. These people could be doing all kinds of things and yet they freely give their time because they want good, healthy Priests and Religious. I find that level of commitment to be an inspiration.”

In the Diocese of Orange, Bishop Freyer served as one of the founding Board members of the Anaheim Family Justice Center (now called the Orange County Family Justice Center), which assists victims of domestic violence. He served two terms as a member of the Board of Trustees for St. Jude Medical Center in Fullerton and served on the Community Benefits Committee that oversees the Medical Center’s care-for-the-poor programs. He is currently a Police Chaplain for the Anaheim Police Department.





Jennifer Madere, MA, LPC-S

Integrating Faith and Counseling to Support Clergy and Religious Communities

Jennifer Madere's journey to a career as a licensed professional counselor began at Benedictine College in Kansas, "I was really blessed to have an advisor who saw more in me than I saw in myself and encouraged me to do summer internships working with at-risk youth. That experience convinced me that I could work in this field." After graduating, Jennifer enrolled in a master's program at the University of Denver. "I first worked at an agency serving domestic violence and sexual assault survivors and later with Catholic Charities. I sought to find a way to integrate my faith because the university didn't provide that opportunity." Jennifer found a local group of Catholic mental health professionals to study with and share experiences. "Being a Catholic mental health professional is a little different from the secular perspective because there's a distinct view of the person. That view also allows me to bring my whole self into my work."

Shortly after graduate school, Jennifer moved to Texas to be near her husband and family. She set about building a similar community of faith-based counselors in the Austin area while opening her private practice. In 2010 she co-founded the Intuitus Group, a community of Catholic mental health professionals specializing in the treatment of trauma. Intuitus, Latin for contemplation, was chosen because the group's approach to healing supports the dignity and integration of the human person.

Jennifer was first introduced to SJVC from a distance, hearing about the Center from her colleagues, clients, and others who are members of the Clergy or Religious. In 2020, she again came across SJVC via her role as President of the Catholic Psychotherapy Association, through a collaboration with the Catholic Medical Association. The Mission of SJVC impressed her so much that she wanted to be a part of it, joining the SJVC Board of Directors in 2021. "I chose to get involved as a Board Member of Saint John Vianney Center because I'm a mental health professional, and I care a lot about the wellness of Clergy and Religious. Having served them privately in my practice and realizing there's only so much I can do as an individual, I wanted to be part of a center doing so much more than I ever could on my own."

In 2023, Jennifer accepted the role of Chair of the Board's Professional Services and Governance Committee. She sees the Committee as having two main functions. First, the professional services function is tasked with confirming that SJVC is delivering the highest quality care for its residents. "SJVC is the premier treatment center for Clergy and Religious. I would like to see SJVC be the premier center among its peers in this industry," says Jennifer. "We want to continue to be highly regarded in all ways possible." Governance is the second area of focus for the Committee, which involves various aspects of SJVC's legal structure. It also consists of finding and recruiting members of the Board of Directors and its committees to reflect the international scope of SJVC's mission. "We want to get the word out and allow people to participate in the mission in ways that best fit their gifts, talents, and location," says Jennifer.

Jennifer and her husband Greg were gracious hosts for an SJVC reception in May 2023 for colleagues and friends from Texas to learn more about the Center. "It's really important to me that Clergy and Men and Women Religious know about SJVC. I want them to understand that there is an option here for whatever they or their community might need. Simply knowing that this option exists can be life-giving."



Outpatient Services

New Office, Same Dedication to Mission

Outpatient Services started in the Carriage House on the Saint John Vianney Center campus and grew so much that they needed to bring in a trailer for more office space and conference rooms. That was in the 1990's. Today's Outpatient Services can be found in a recently renovated, state-of-the-art administrative office that looks out onto the north lawn. The new space has a private conference room for in-person sessions and meetings, as well as a kitchenette, private restroom, and upstairs office space.

Deacon Dan Giblin, CRS, blessed the new space during the Outpatient Services Grand Opening on November 22, 2023, and Board Chair Al Riviezzo had the honor of cutting the ribbon. Mr. Riviezzo was joined by Board Member Carlo Silvesti, SJVC President and CEO David Shellenberger, and Karen M. Coté, IHM, Psy.D., Director of Outpatient Services.

Outpatient Services provides vocational assessments, therapy and counseling, and spiritual direction. SJVC has seven therapists providing services, including Sr. Coté, as well as an Outpatient Services Coordinator.



Vocational Assessments

Vocational assessments are required for all who enter the seminary or Religious life to determine if the candidate is a good fit for the ministry he or she plans to enter. Sr. Karen explains, "Outpatient assessments are looking at everything – psychological functioning, interpersonal and emotional functioning, expectation of formation and ministry, leadership skills, and vocational suitability." The completed assessments are sent to the candidate's Vocation Director for review. Occasionally, the Vocation Director will contact SJVC to ask for further services for the candidate.

Outpatient Counseling

Outpatient counseling is a useful tool for those who are seeking therapy through the intersection of psychology and faith. Clergy, Men and Women Religious, Deacons, and Deacons' wives are eligible. Clients are matched with a therapist and can meet either in person or via Telehealth in any of the 39 states through an agreement called PSYPACT. In states without the agreement, Outpatient Services will work with the client to find a suitable therapist in the client's area. This expanded area of service allows SJVC to minister to a larger client base.

Spiritual Direction

More listening than counseling, Spiritual Direction is provided for those in Church ministry who wish to speak to someone without the formality of psychotherapy. "It is an internal forum, more about the client's relationship with God," explains Sr. Coté. Spiritual Directors can be lay or Religious Men or Women. The SJVC Spiritual Care team provides services, as does a select group of Outpatient Services team members. If the Spiritual Director feels the need to refer out to a counselor, that can be arranged as well.



Day of Prayer

Saint John Vianney Center hosted its inaugural "Day of Prayer for the Health and Wellness of Clergy and Men and Women Religious" on October 20, 2023. The event was live-streamed from Our Lady of Hope Chapel. The Mass was celebrated by board member Msgr. Roberto Garza. This special day was dedicated to supporting the spiritual well-being of Clergy and Religious worldwide, emphasizing self-care, healing, and the importance of a supportive environment for those devoted to their vocations. The Mass was preceded by a short video montage of interviews with SJVC staff, board members, and donors who shared why the Day of Prayer was important. SJVC was honored to have Most Reverend Nelson J. Perez, Archbishop of Philadelphia, offer participants a welcome to this event. The event drew a range of registrants, including laity, religious communities, dioceses, and partners in our mission. The event is available on our landing page at sjvcenter.org/dayofprayer and on our YouTube channel, youtube.com/@SaintJohnVianneyCenter under the playlist "2023 Day of Prayer."

We hope you will join us for our second Day of Prayer on Friday, October 18, 2024.

A Fitting Symbol: Our Lady of Hope Chapel at Saint John Vianney Center

On November 29, 2023, SJVC Chaplain Father David Brzoska, M.Div, MA.SS., dedicated our chapel to Our Lady of Hope and blessed the newest addition to SJVC: a custom-made tapestry for the chapel. President and CEO David Shellenberger proposed placing our chapel under the patronage of Our Lady of Hope so that the residents could receive her special care and intercessions as they deal with various struggles.

The title "Our Lady of Hope" has been used for the Blessed Mother for centuries but became widespread after a 19th century Marian apparition. During the Franco-Prussian War, the Blessed Mother appeared to young children, telling them to have hope that their village would be safe, "But pray my children. God will hear you in a short time. My Son allows Himself to be moved with compassion." Ten days later a peace agreement was signed.

Mass is celebrated daily in the chapel, with residents concelebrating, reading, and providing music. In addition to daily Mass, the chapel is open around the clock for prayer, reflection, and Holy Hours.

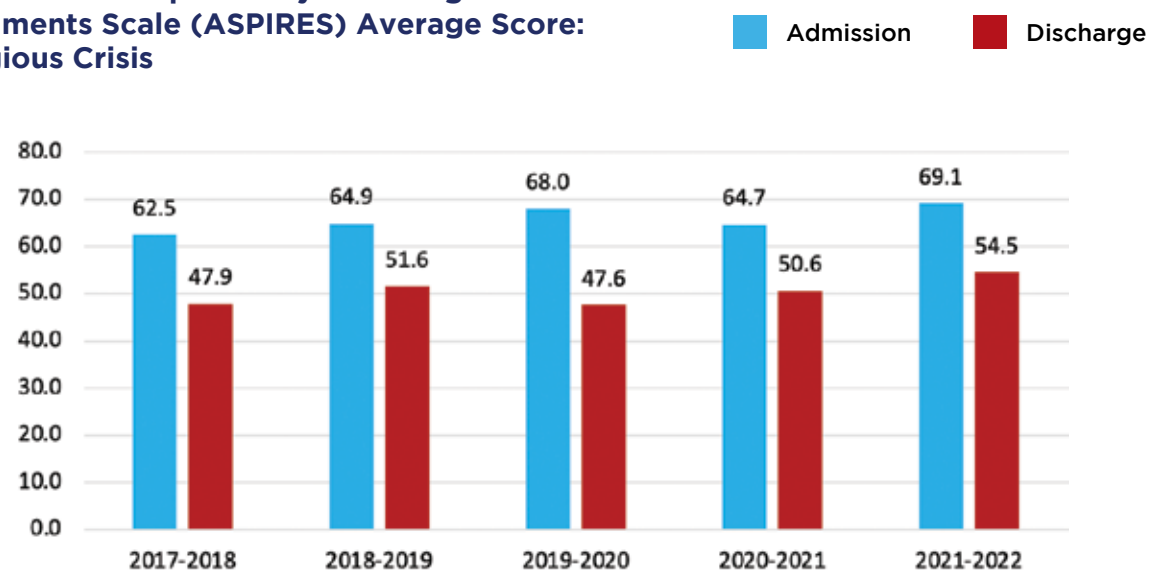


Outcomes

Saint John Vianney Center provides comprehensive evaluations assessing the mind, body, and spirit of Clergy and Religious. Our assessment team is comprised of professionals from across disciplines, including a psychiatrist, psychologist, spiritual care advisor, internist, dietitian, physical therapist, and nurse. Upon discharge from residential treatment, assessments are re-administered with select measures to assess overall progress. These three charts provide a sampling of our residents' progress on their journey toward wellness.

Residents' State of Religious Crisis is Reduced

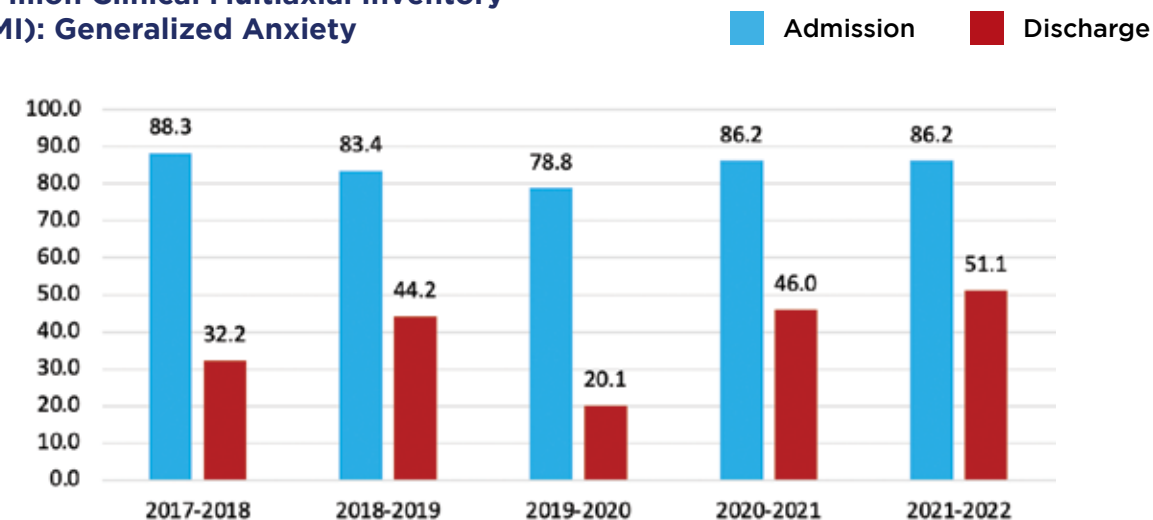
Assessment of Spirituality and Religious Sentiments Scale (ASPIRES) Average Score: Religious Crisis



The Assessment of Spirituality and Religious Sentiments (ASPIRES) Scale assesses spirituality as a universal dimension concerning how individuals create a broad sense of personal meaning for their lives. A subscale that is of particular interest, identifies the degree to which the responder identifies as being in a religious crisis. As might be expected, many of our residents respond with elevations of religious crisis on admission. However, after a course of treatment, our residents, on average, report they are no longer in a crisis. As noted in the graph above, there is a significant reduction in self-reporting crisis symptoms following treatment at SJVC.

Symptoms of Residents' Anxiety Are Reduced

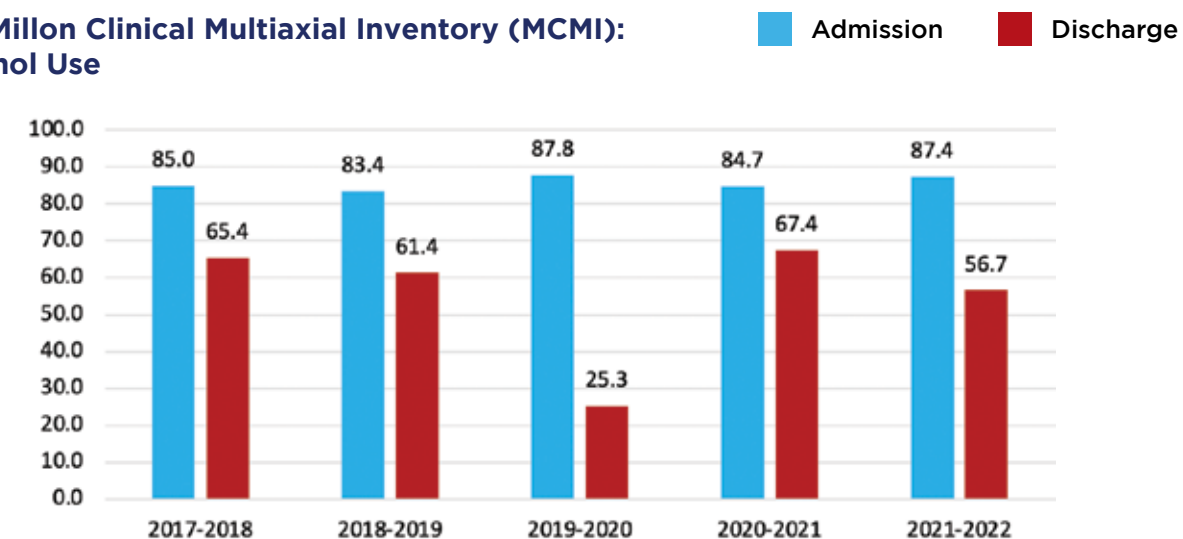
The Millon Clinical Multiaxial Inventory (MCI): Generalized Anxiety



The Millon Clinical Multiaxial Inventory is a psychological assessment tool intended to provide information on personality traits and psychopathology, including for specific disorders such as anxiety, depression, post-traumatic stress disorder, and substance use disorders. The graph above outlines the outcomes for residents admitted to SJVC who scored with clinically elevated anxiety on the MCI upon admission. After a course of residential treatment, the average score on the MCI upon discharge for this cohort fell into a non-clinically significant range. Essentially, our residents no longer reported symptoms consistent with an anxiety disorder.

Symptoms of Residents' Alcohol Use Are Reduced

The Millon Clinical Multiaxial Inventory (MCI): Alcohol Use



The Millon Clinical Multiaxial Inventory is a psychological assessment tool intended to provide information on personality traits and psychopathology, including for specific disorders such as anxiety, depression, post-traumatic stress disorder, and substance use disorders. The graph above outlines the outcomes for residents admitted to SJVC who scored with clinically elevated scores regarding alcohol use habits. After a course of residential treatment in our addictions program, which has recently been updated and renamed the Holistic Recovery Program, the average score on the MCI upon discharge for this cohort fell into a non-clinically significant range. The majority of the residents treated in this program report are being prepared to live a life of sobriety.

Our Strategic Priorities

As an internationally renowned provider, we invest in preventative education services for dioceses and religious communities. The following are our strategic development priorities:



Creating a National Suicide Awareness and Education Program for Clergy and Men and Women Religious - Goal \$500,000

WHAT OUR SURVEY INDICATED

In the fall of 2022, SJVC invited the leadership of every Arch/Diocese, Men Religious, and Women Religious community in the United States to participate in an online survey, with 270 participating. The survey indicated that suicide and suicidal ideation are common problems among Diocesan Clergy and Men's and Women's Religious communities:

- **24% indicated that their diocese or community** had experienced the suicide of a member of the clergy or a man or woman religious
- **54% indicated they do not feel prepared** to help someone suicidal
- **71% believe that most Clergy and Religious** are reluctant to report a change in their mental health condition
- **74% indicated they would be open to learning more** about mental health and personal interventions for suicidal behaviors

OUR PLAN

Our goal is to establish the first Suicide Prevention and Awareness Program for Clergy and Men and Women Religious in the U.S. We will establish a three-year training program to offer every diocese and religious community. After the three-year period, SJVC will continue to provide training and support for new and existing leadership. The impact of the program aims to save lives and preserve vocations.



Education and Wellness Programs - Goal \$250,000

SJVC is dedicated to offering education and wellness workshops for Clergy and Men and Women Religious across the globe. These workshops encompass a comprehensive blend of psychology, medicine, theology, and spirituality.

The demand for our services is on the rise, necessitating an expansion of our resources to serve more dioceses and communities. Presently, SJVC allocates \$600,000 annually from its operational budget to facilitate preventative health education and wellness initiatives. While dioceses and religious communities collaborate to offset some expenses, the escalating demands and associated costs impose limitations on our capacity to fulfill all requirements.

We aspire to raise \$250,000 through sponsorships and the annual fund, empowering us to broaden our services. Your gift will empower us to establish a presence in additional dioceses and religious communities, making a lasting impact.



Our Lady of Hope Scholarship Fund - Goal \$250,000

SJVC continually strives to develop creative ways to meet the financial challenges of the communities and dioceses that seek our assistance. Unfortunately, religious communities are sometimes unable to access our residential treatment services because of their limited financial resources. Our goal is to grow the Our Lady of Hope Scholarship Fund as a reserve fund to address inpatient healthcare expenses. A donation to this fund will remain in a reserve account and be disbursed according to financial need. Donors may designate their gift to a specific community or diocese.

Mission Advancement

Dear Friends,

Pope Francis once said, "How can I find the wounds of Jesus today? I cannot see them as Thomas saw them. I find them in doing works of mercy, in giving to the body." The wounds of our brothers and sisters who suffer from behavioral health and addiction struggles are not always visible, and yet they are profoundly real.

Our call to be One Body in Christ is about putting our faith into action. I am privileged to work with a dynamic and highly talented team of individuals who provide that service every day. The results of our Advancement Office's first year give us cause to be energized and optimistic.

Our inaugural Annual Fund raised \$184,195 to provide more access to our services and further study the needs of our diocesan clergy. The fund will support expanding our continuing education initiatives which are now driven with more data from the findings of our CARA study, which offered invaluable insights into the Health and Wellness of Diocesan Priests. Finally, thanks to a foundational gift provided by the Sisters of Charity, along with our wonderful Annual Fund donors, we now have a scholarship fund that will provide access to Religious Communities that need financial assistance for our residential services.

As you review our results and the strategic funding priorities of our Board, I hope you reach out to me to learn more about our impact and our mission. I thank you for partnering with us to be the healing presence of Christ in our Church.

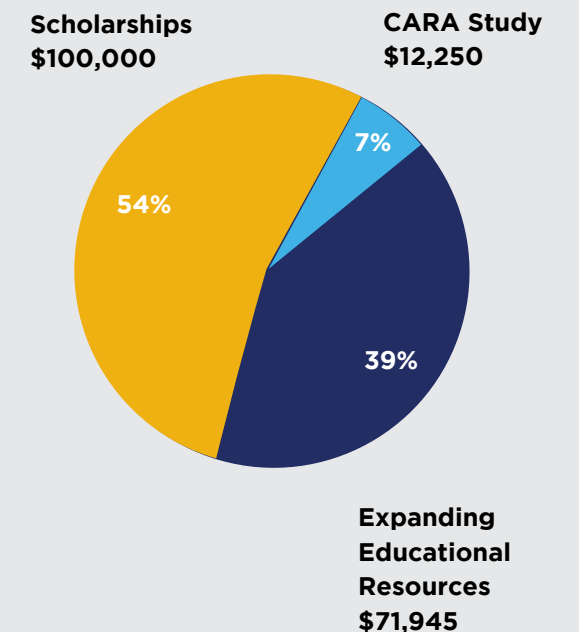
In Christ,



James S. Friend, Jr.

James S. Friend, Jr., M.A.
Director of Mission Advancement

2022 - 2023 Annual Fund Allocations



John and Gen Nelson: Placing Faith at the Center

“My parents’ faith was always important to them,” says Gregory Nelson, the son of John and Gen Nelson, donors to Saint John Vianney Center. “My mother grew up in South Philadelphia and was a member of the first graduating class of St. Maria Goretti High School for Girls, the first all-female Catholic high school in Philadelphia. Mom was the daughter of two Italian immigrants who brought their Catholic faith with them from Italy. Dad grew up a proud Philadelphian who loved the Church and all things Philadelphia. He took solace in his faith during the difficult times in his life.” John passed away in July 2023 after 62 years of marriage, two sons, and a very successful design career.

John founded the design firm Nelson & Associates in 1977 after leaving his position as head of design and sales for John Wanamaker’s contract division. His design work included prominent Philadelphia buildings such as the headquarters of then Fidelity Bank (now Wells Fargo), SmithKline Beecham (GlaxoSmithKline), and Cigna Insurance, winning him not only awards but also notoriety. His design for the Cigna Insurance building broke the previous building height restriction in Philadelphia.

“On top of all his incredible accomplishments, Dad found time for the community. He coached football and baseball for the Crisis Prevention Network

at Fourth and Washington Avenue with the Southwark Housing Projects for kids who didn’t have a family. He even coached football to a city championship at Franklin Field one year,” said Greg. Gen is also a great source of inspiration for Greg. “No matter what is happening in our lives, Mom is always there supporting us. She would often purchase a Mass card for someone if they were going through a difficult time to let them know she was praying for them.”

John and Gen’s longtime friend, Al Riviezzo, Board Chair of SJVC, introduced the couple to the work of the Center, which eventually led them to making a leadership-level gift to the Annual Fund. “My parents have a great respect and love for our Clergy and Religious. It was important to them to try to counter any stigma associated with mental health and provide these opportunities.” This year, the Nelsons made a second very generous gift to SJVC to sponsor several Women’s Colloquiums around the country. Women’s Colloquiums provide ongoing educational opportunities for Women Religious in leadership on topics that support their role as leaders.

Greg is proudly carrying on his parents’ love for the Church by joining the Board of Directors at SJVC in January 2024.



Sisters of Charity Partner to Establish the Our Lady of Hope Scholarship Fund

Saint John Vianney Center is pleased to announce a gift to the new Our Lady of Hope Scholarship Fund, made by the Congregation of the Sisters of Charity of the Incarnate Word in Houston, Texas. The Sisters recognize SJVC’s vital mission and the work it offers to our brothers and sisters in need of care.

The new scholarship fund will provide access to our inpatient services for religious communities with limited resources. “Financial constraints can sometimes prevent a religious brother or sister from receiving our recommended treatment,” said David Shellenberger, President and CEO of SJVC. “This gift is a wonderful beginning to building a resource that will provide greater access to our services for those needing our care. I am grateful to the Sisters of Charity for their generosity.”

SJVC’s goal is to continue to build the Our Lady of Hope Scholarship Fund and maintain it as a reserve fund to assist with (full or partial) inpatient healthcare expenses. A donation to this fund will remain in a reserve account and be disbursed according to financial need. Donors may designate their gift to a specific community or diocese.



“I am so impressed with the work of SJVC and the awesome responsibility they have to Clergy and Religious. I look forward to helping in any way that I can.”

Gregory Nelson



Honor Roll of Donors

The staff at SJVC genuinely care about you as a person. You are not just a “client” to be treated and discharged. They will do anything for you. I feel, even now, that they are always there for me.

—Former Resident

Anonymous
Sister Elizabeth Monica, Acri, IHM
Archdiocese of Atlanta
Archdiocese of Baltimore
Archdiocese of Detroit
Archdiocese of New York
Archdiocese of Seattle
Jamie Bainbridge
Deacon Julio Barreneche
Anthony and Sharon Bellitto
Patricia Bellosi
Charles Bennett
Bernardine Franciscan Sisters
Ray Bishop
James and Kathleen Black
Brookside Clinical Laboratory, Inc.
Brothers of Holy Cross
Reverend David Brzoska
BSI Construction LLC
Richard S. Caputo
Catholic Diocese of Youngstown
Claretian Missionaries - USA Province
Clerics of St. Viator
Congregation of the Humility of Mary
James Coupe
John Cronin
Joseph Cronin
Deacon Steven DeMartino
Stephanie N. Deviney
Adam Dickerson
Diocese of Santa Rosa
Diocese of Victoria
Diocese of Wilmington
Reverend Thomas M. Dragga
Michael Egan
Joann K. Erb

James A. Fitzsimmons
Franciscan Sisters of Allegany, NY
Franciscan Sisters of Chicago
Franciscan Sisters of Christian Charity
Frank Molle Foundation
Most Reverend Timothy E. Freyer, D.D.
Donald F. Friel
James and Beth Friend
Jim and Kristin Friend
Grey Nuns of the Sacred Heart
Reverend Edward J. Hallinan
Brother Richard Hirbe, FSP
Paul and Patty Huck
Reverend Victor Ingalls
Very Reverend August Koeune Jr.
Lafayette Diocesan Foundation
Michael B. Laign
James Lanahan
Little Company of Mary Sisters
James and Kathleen Lynch
James and Ruth MacFadyen
Jennifer Madere
William J. and Lucille R. Markle
Patrick W. McGrory
Missionaries of Jesus
Mary C. Mulherin
Judith Joyce Muller
National Catholic Community Foundation
John and Gen Nelson
J. Gerard O'Connor
Michael and Jennifer O'Mara
Matthew J. Oleynick
Robin Papera
Paytime
Frank A. Piliro Sr.
Pinto Family Foundation

Helen Plourde
The Premonstratensian Fathers
Reverend Thomas Rafferty
Joseph and Linda Rava
Albert R. Riviezzo
Saint Thomas Aquinas Cathedral
David Savage
David R. Shellenberger
Barbara Ann Shotwell
Carlo J. Silvesti
Sisters of Charity of the Incarnate Word
Sisters of Mercy of the Americas
(Burlingame, CA)
Sisters of Mercy of the Americas
(Joplin, MO)
Sisters of Mercy of the Americas
(Watchung, NJ)
Sisters of Notre Dame de Namur
Sisters of St. Benedict
Sisters of St. Dominic
Sisters of St. Francis of Peace
Sisters of the Holy Cross
Sisters of the Resurrection of Our
Lord Jesus Christ
Mary W. Stec
John and Kim Sutter
Richard F. Trainor, Jr.
Paul Versaggi
Pete and Terese Waldron
James W. Wallaesa
Nick and Monica Warren
Michael and Amy Webb
Kenneth B. Weis
John Willemsen and Mariann Horan
Gerald and Germaine Winslow

Giving Opportunities

A gift of any amount at any time of the year is always welcome. Please make all checks payable to "Saint John Vianney Center" and put "Annual Fund" in the memo.

Make a One-Time or Recurring Gift or Consider a Pledge

To maximize your gift, please consider a pledge or recurring gift to the Annual Fund. Pledges may be set up through our Advancement Office and recurring gifts can be set up on our website at sjvcenter.org/giving.

Gift of Securities

Many donors prefer making a gift of securities because they can gift the full value of the securities without paying capital gains tax. Please consult your personal tax advisor regarding rules for gifts of appreciated property.

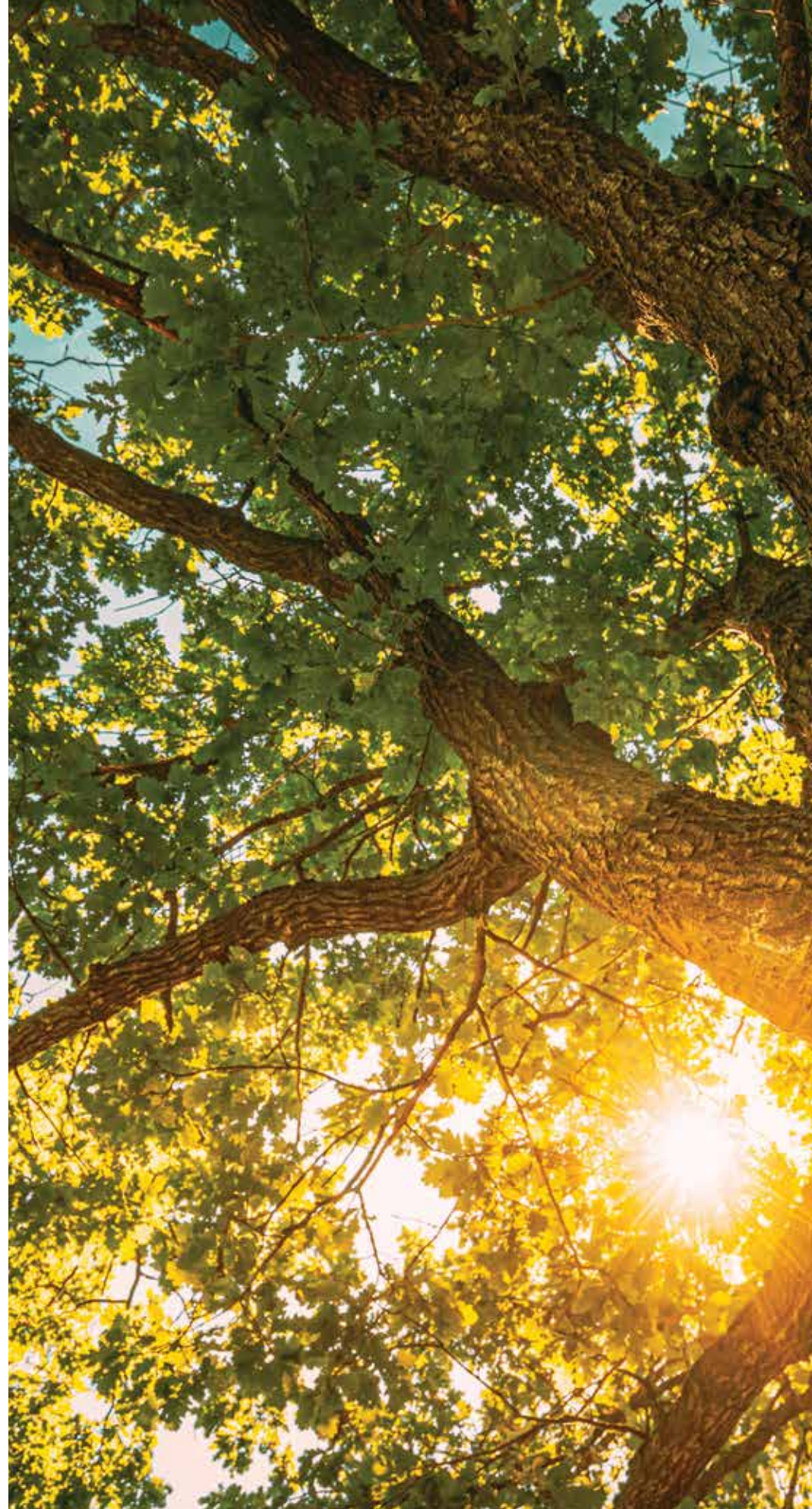
Matching Gifts

Many employers sponsor matching gift programs and will match charitable contributions made by their employees. Contact your Human Resources Department for specific information to ensure that your gift will be eligible for a match.

Bequests

Remembering Saint John Vianney Center (SJVC) in your Estate Plans can benefit SJVC in many ways. You can leave a perpetual legacy that will provide continuing education resources and scholarships for Religious Communities or assist the Center with capital needs. A bequest is one of the simplest ways to provide for SJVC's future and it can take many forms. You may make a bequest to SJVC by preparing a new Will or adding a codicil to your existing Will. An outright bequest to the Center may provide your estate with federal and/or estate tax advantages. Please contact Jim Friend to have an exploratory conversation about leaving a legacy today.

sjvcenter.org/giving



Audited Financials

SAINT JOHN VIANNEY CENTER

Statements of Activities and Changes in Net Assets Years Ended June 30, 2023 and 2022

	2023	2022
ASSETS		
Cash	\$ 4,561,803	\$ 4,097,356
Patient Accounts Receivable		
Residents	1,787,594	1,611,539
Outpatient	62,805	51,501
Allowance for Doubtful Accounts	(179,134)	(165,047)
Patient Accounts Receivable Net	1,671,265	1,497,993
Other Receivables	1,364	12,603
Prepaid Expenses	89,166	97,332
Related Party Receivables	—	14,645
Total Current Assets	6,323,598	5,719,929
Investments	3,053,040	2,789,854
Property, Plant and Equipment, Net	2,336,440	2,406,081
Operating Leases Right-of-use Assets, Net	23,821	—
TOTAL ASSETS	\$11,736,899	\$10,915,864
LIABILITIES AND NET ASSETS		
Current Liabilities		
Accounts Payable	\$ 448,411	\$ 706,814
Accrued Salaries	449,958	333,011
Accrued Expenses	7,451	7,513
Current Portion of Long-term Debt	301,086	288,580
Current Portion of Operating Lease Liability	13,246	—
Total Current Liabilities	1,220,152	1,335,918
Mortgage Payable	3,378,612	3,521,762
Notes Payable	3,521,153	3,676,150
Notes Issuance Costs	(26,185)	(32,597)
Operating Lease Liability	10,575	—
Total Liabilities	8,104,307	8,501,233
Net Assets		
Without Donor Restrictions	3,575,271	2,414,631
With Donor Restrictions	57,321	—
Total Net Assets	3,632,592	2,414,631
TOTAL LIABILITIES AND NET ASSETS	\$11,736,899	\$10,915,864





 Saint John Vianney Center

*Assessment, Treatment, and Resources for Clergy and
Consecrated Men and Women Religious Worldwide*

151 Woodbine Road
Downingtown, PA 19335

T 1.888.993.8885
F 1.610.873.8028

Visit us online SJVCenter.org
  