



“This group is beneficial to my recovery because I am able to be transparent with my peers and learn from their life stories and experiences.”

“It is an opportunity for growth through intimate fellowship.”

“It is a safe place to talk in a totally judgment-free space.”

“The common denominator of why we are in this group helps us to focus on recovery and support one another.”

Goals of the program are for residents to:

- Gain a personal understanding of one’s own addictive patterns and underlying causes
- To identify personal triggers and effective strategies for compulsive behaviors
- Acquire a new personal skill set tailored to one’s needs
- Acquire the necessary tools to continue one’s journey of wellness and recovery after discharge for effective return to ministry.

Saint John Vianney Center provides:

- An interdisciplinary treatment team which includes a Psychologist, Psychiatrist, Spiritual Care Advisor, Nurse, Dietitian, and Continuing Care Coordinator
- Physical therapy, occupational therapy, and activities
- 24/7 Nursing staff, with access to a medical doctor
- Full time dietary and housekeeping staff
- Onsite Chapel with Full time Chaplain, daily Mass, with Chapel open 24/7 for private prayer
- A safe, secure, and supervised facility and grounds
- Comfortable residential, community setting

Holistic Recovery Program

Inpatient Services



*Assessment, Treatment, and Resources for
Clergy and Consecrated Men and Women
Religious Worldwide*



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*“Come to me, all you who labor and are
burdened, and I will give you rest.”*

MATTHEW 11:28



A Holistic Approach to Recovery for Mind, Body, and Spirit

The Saint John Vianney Center offers a Holistic Recovery Program for Clergy and Men and Women Religious who experience addiction and mental health challenges. Remaining steadfast in our Catholic faith while using research-based strategies, our integrated treatment guides our brothers and sisters in church ministry who face unique obstacles for recovery.

Building on the foundation and success of our holistic approach of mind, body, and spirit, and lessons learned from our years of experience, this streamlined and refreshed program offers a clear guide to recovery.

We directly address:

- Alcohol and substance addictions
- Behaviors considered addictive navigating through the digital age of social media and the internet.

Our Professional Staff:

- Listen first without judgment
- Offer a safe and supportive therapeutic environment
- Lend an unmatched level of dignity and compassion to feel cared for and empowered
- Understand, are sensitive to, and are experienced with the specific challenges and needs of Clergy and Religious
- Provide accompaniment and the tools to heal, renew, and restore one's physical, behavioral, and spiritual health

Saint John Vianney Center's Holistic Recovery Program is formulated to help Clergy and Religious who are:

- Beginning their treatment journey
- Navigating various stages of recovery
- Needing a solid foundation for lifelong sobriety
- Struggling to remain sober following a previous treatment engagement.

The Holistic Recovery Program is designed to equip our brothers and sisters with a foundation of sobriety and the skills to successfully return to effective ministry.

The curriculum of the program provides the fundamentals of addiction, recovery, and relapse prevention as well as targets the daily strains that may contribute to the cycle of compulsive behaviors such as ministerial burn out, resentment, stress, and more.

Residents in the program:

- Are oriented to the fundamentals of a 12-step approach to recovery, with the understanding that not one size fits all
- Work with an interdisciplinary treatment team for a comprehensive, multi-faceted approach
- Participate in psycho-educational group sessions and process group engagement
- Receive treatment as a collaborative effort between the treatment team and the resident
- Receive support to focus on one's strengths and personal resources to help overcome challenges
- Prepare a wellness plan for continued health and wellness upon discharge

