



Spiritual Direction; Therapy and Counseling

Outpatient Services

Premier Center for Clergy and Religious



Outpatient
experience



Team of licensed
professionals



- Federal, State, APA and HIPAA compliant
- Services provided at the campus of Saint John Vianney Center and at various locations throughout the Archdiocese of Philadelphia

Professional Staff

- Licensed psychologists, drug and alcohol counselors, spiritual advisors, and/or staff functioning under the supervision of a licensed professional. All staff are competent within their profession.
- Aware of the institutional needs of the Church
- Guided by Catholic anthropology



*Assessment, Treatment, and Resources
for Clergy and Consecrated Men and
Women Religious Worldwide*

“Be joyful in hope, patient in affliction,
faithful in prayer.”

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SJVCenter.org

ROMANS 12:12



Spiritual Direction

Spiritual direction is offered as an opportunity to share with another how God is present in and through prayer and everyday life experiences, and to help individuals grow in a personal relationship with God.

- Listen more attentively to God's voice
- Increase awareness of God's love and presence
- Find clarity in decision making
- Cope better with the difficulties in life
- Share more deeply in God's peace
- Move through forgiving self/others
- Express love through service to others
- Individualized and totally confidential

Therapy and Counseling

Psychological and spiritually integrated therapy and counseling services offered for clergy, religious, and permanent deacons and their spouses include:

- Individual Psychotherapy and Counseling
- Drug and Alcohol Counseling
- Anger and Stress Management
- Grief and Trauma Response

Typical issues often include

- Issues related to personal effectiveness (e.g., anxiety, depression)
- Behavioral challenges (eg., substance abuse, gambling, boundary/sexual struggles)
- Interpersonal effectiveness (e.g. anger management, isolation)
- Vocational discernment



To learn more, call
Outpatient Services at
610.518.2048