



Outpatient Services

Therapy and  
Counseling

*“Be joyful in hope, patient in  
affliction, faithful in prayer”*

Romans 12:12

Outpatient Services

## Therapy and Counseling Services

Saint John Vianney Center's Outpatient program provides high quality psychological and spiritually integrated therapy and counseling services for clergy, religious, and permanent deacons and their spouses.

### Typical issues often include

- Issues related to personal effectiveness (e.g., anxiety, depression)
- Behavioral challenges (eg., substance abuse, gambling, boundary/sexual struggles)
- Interpersonal effectiveness (e.g. anger management, isolation)
- Spiritual issues (e.g., relationship with God, vocational discernment)

### For married permanent deacons and married clergy

- Behavioral and mental health issues within the marriage (e.g. marital stressors, spousal distress)
- Within the family (e.g. conflicts related to child rearing, child developmental concerns)

## Types of Professional Services

- Individual Psychotherapy and Counseling
- Psychiatric Consultations and Medication Management
- Pastoral Counseling and Spiritual Direction
- Drug and Alcohol Counseling
- Anger and Stress Management
- Marital Therapy and Counseling
- Family Therapy and Counseling
- Grief and Trauma Response

### Professional Staff

- Licensed psychologists, psychiatrists, marriage and family therapists, drug and alcohol counselors, spiritual advisors, and/or staff functioning under the supervision of a licensed professional. All staff are competent within their profession.
- Knowledge of clergy and religious life and associated stressors.
- Sensitive to the demands of living a religious vocation in a secular environment.
- Respectful of the individual who has chosen to follow his or her vocational calling.





30 Years Outpatient Experience  
Team of Licensed Professionals  
Federal, State, APA & HIPAA Compliant  
Medicare and most insurance accepted

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Services provided at the campus of  
Saint John Vianney Center

And at various locations throughout  
the Archdiocese of Philadelphia



Saint John Vianney Center

*Assessment, Treatment and Resources  
for Clergy and Consecrated Men  
and Women Religious Worldwide*

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